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PICKLEBALL

WHAT IS PICKLEBALL?

Pickleball is a paddleball sport that combines elements of badminton, table tennis, and tennis. Two or four players use solid paddles made of wood or composite materials to hit a perforated ball, much like a whiffle ball, over a net. Pickleball is one of the fastest growing sports in the country.

WHAT ARE THE BASIC RULES?

The serve must clear the seven-foot non-volley-zone in front of the net and land in the diagonal service court. Serves should always be done underhand with the paddle below the waist, and the server must keep both feet behind the back line when serving. The ball should be hit into the air without being bounced.

WHAT SHOULD I KNOW ABOUT PLAYING PICKLEBALL AT THE FERGUS FALLS YMCA?

We have set times for pickleball play including beginners and evening times. Bring your own paddle or borrow a wood one from the Y. Beginners are welcome!

The Y is a community hub for all. Participants should expect to hear sounds of excited children. The Y also provides vital school-age childcare to the community through the after-school and summer day camp program. Space is limited and interaction with the child care program is to be expected. We ask that you be flexible and understanding as we work to find space for everyone at the YMCA. **At this time, we are unable to take PB reservations for gym space outside of designated pickleball times.**

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
	10am-11:30am*	9am-11am	10am-11:30am*	9am-11am	10am-11:30am*	9am-11am
	6pm-8pm		6pm-8pm		6pm-7pm	

***Geared towards beginner play**
Players are asked to stop play by designated PB end time to allow for other members to use the facility

FERGUS FALLS AREA FAMILY YMCA
1164 N Friberg Ave
Fergus Falls, MN 56537
218-739-4489 | fergusfallsymca.org