

Welcome to the Fergus Falls YMCA!

On behalf of the YMCA Board of Directors and YMCA staff, we thank you for becoming a member of the Fergus Falls YMCA! We hope you will enjoy the many benefits that the Fergus Falls Area Family YMCA has to offer.

Below please find information and policies specific to the Fergus Falls Area Family YMCA. If you have any questions, please feel free to ask our Membership Service staff who will be happy to help.

New to Group Fitness?

Arrive a few minutes before class start and share with the instructor that you are new to the class. Our Group Fitness instructors will gladly help you with suggestions and extra guidance through your first time. It is the instructors discretion for minimum age required for participation in each class.

Attire

The YMCA is a family friendly facility. Please dress appropriately. Shirts (no bare midriff) and shoes must be worn in the facility at all times. The YMCA reserves the right to define inappropriate dress when necessary.

Alternative Gym Shoes During Winter

During the rainy, slushy, or snow season, members and guests are asked to bring alternative gym shoes and help us maintain a clean and safe environment for all of our guests.

Equipment Checkout

Equipment is available for use in our facility. Members and guests 15 and older may check out the equipment from the front desk including league basketballs, a youth basketball, a volleyball, a football, a soccer ball, pickle ball items, and racquetball items. Individuals checking out equipment take responsibility for those items.

Lost and Found

The Fergus Falls YMCA is not responsible for lost or stolen items. Lost items will be held for one month. Items not claimed after one month will be donated to charity.

Severe Weather

The YMCA follows the Fergus Falls Public School District regarding program cancellation due to severe weather. School Age Child Care will be cancelled if the district closes early or cancels. In the event that the YMCA is closed due to severe weather, notification will be posted on our website, mobile app, Facebook page and area news stations.

Lockers and Towels

Lockers are available for day use. Members using lockers in the Family Changing Room must bring own narrow size lock to secure locker. Adult members and guests must exchange a membership card or other collateral for a locker key. We also offer locker rentals. Inquire at the Front Desk for more information. Members and guests must provide their own towels for use in the facility. The YMCA does not offer a towel service.

Kids Fit Club

Children age 12-14 are eligible to join the Kids Fit Club, a program that teaches children age appropriate and safe use of the cardio machines and walking track. Kids Fit Club members with wristbands are allowed upstairs in the fitness facility. Children not behaving appropriately may have this privilege revoked.

Maintaining a Clean and Healthy Environment

For your health and wellness, please wipe down your machine or equipment after each use. Paper towels and sanitizing spray is available in each fitness area. Please cover any abrasions or open wounds with a clean dry bandage and avoid using shared equipment or the pool. Please return any equipment to its proper storage space after use.

Program Cancellation Policy

Credits/refunds will not be given for individual program days missed. You must cancel at least three business days prior to the start of the SACC/SOC/SDC week or program to receive full credit or refund. If you cancel after the deadline, we are not able to issue a credit or refund. The YMCA reserves the right to change, cancel or combine programs as necessary. If a program is cancelled, a full credit or refund will be issued. There will be no credit/refund due to weather-related cancellations.