

# FIND YOUR FUN FIND YOUR Y.

**2024 Summer Day Camp** 

At Y day camp, your kids will make new friends and have tons of fun as they expl new adventures each day.

re

For a better us.®

# FIND YOUR Y AT Fergus Falls

218-739-4489 1164 North Friberg Ave Fergus Falls, MN 56537 fergusfallsymca.org

# **Welcome Campers**

The Fergus Falls Y has made plans to make this a great summer! YMCA Summer Camp is a quality school-age childcare program designed to meet the needs of children and working parents. We provide a safe, creative environment based on the four core values of honesty, respect, responsibility, and caring that are essential for positive character development.

#### **PROGRAM PHILOSOPHY**

YMCA Summer Camp will provide a safe, nurturing atmosphere in which children exercise individual responsibility, social interaction, and activities that promote healthy self-image and enhance the quality of a child's life. The Summer Camp program will emphasize the development of social, emotional, physical, and intellectual skills within a recreational and educational setting. Summer Camp is committed to promoting and supporting all aspects of a child's growth in an atmosphere of respect. Children are encouraged to trust, learn to function as a member of a group, and have their individual characteristics recognized and appreciated by the group. Children are encouraged to make individual choices and take responsibility for their choices.

YMCA Summer Camp enrolls participants without discrimination of race, religion, creed, color, or national origin. Families needing financial assistance may fill out a scholarship application at the Member Services Desk.

#### YMCA MISSION STATEMENT

The Fergus Falls Family YMCA mission is "To put Christian principles into practice through programs that build healthy spirit, mind, and body for all."

#### **PROGRAM GOALS**

The goals of the YMCA Summer Camp are to provide a safe, fun, enriching, and supervised program environment for children ages 5 and up.

Summer Camp strives to provide learning experiences and opportunities to develop relationships, self-confidence, and respect for others. We do this through planned activities that may include arts, crafts, structured games, sports, fitness, reading, swimming, music, science discovery, service learning, outdoor play, educational field trips, and much more. The program's environment will attempt to meet a wide variety of participant needs.

Each child will....

- 1. Be loved and cared for in a safe, healthy, and fun learning environment.
- 2. Be given an opportunity to develop their social, emotional, and physical skills.
- 3. Be respected for their individuality and given experiences to foster a positive attitude about themselves and others.
- 4. Be given positive, age-appropriate experiences in their environments.

**AGES** 5 years old through 6th Grade

#### HOURS

Monday - Friday 7:15am - 5:30pm (Planned programming running from 9am-4pm each day)

#### REGISTRATION

Registration opens: March 1st for YMCA Members and Current Program Members. March 15th registration opens up for everyone else. Registration is taken on a first come-first serve basis. There is limited enrollment for the summer so register early. Register ONLINE (If unable to register online, paper applications available at the Front Desk)

# **Payment/Fees**

\*A non-refundable \$25 registration fee is required for each child. **This year you get to pick the weeks that your child or children will be in our care, that being said the weeks you sign up for are the weeks you will be charged for all summer.** No exceptions. The payment that you sign up with online is the account that the payment will automatically come out of each Friday prior to each weeks care.

# COST

- \$170 Members
- \$ 210 Potential Members

5 day week option only, THE WEEKS YOU SIGN UP FOR ARE THE WEEKS YOU WILL BE BILLED FOR.

# **REFUND POLICY**

All deposits are non-refundable. The only reason that you would be given a refund is for medical or family emergency and approved by Director.

#### **FINANCIAL ASSISTANCE**

Financial Assistance is available for qualified individuals. Applications must be completed in full and received by May 10 to allow us time to be process application and get paperwork done prior to Summer Camp Starting. If application is not received until camp starts, you will be required to pay full amount of camp until application and paperwork is processed and approved. Applications are evaluated on a first come- first serve basis and available are available at the Member Service Desk.



#### DATA PRIVACY PROVISION

Summer Camp Programs comply with State and Federal data privacy laws. Information gathered from the registration and medical forms is shared only with the Summer Camp staff to serve your child properly. Information regarding families who are funded through financial assistance is shared only with the Administrative Staff and the Program Director.

#### ENROLLMENT, HEALTH and EMERGENCY FORMS

Enrollment, health, and Emergency Forms must be completed and returned to the YMCA or Youth & Family Director before your child's first day of attendance. It is extremely important to keep your forms up to date. If you change your job, move, or change your phone number, please inform the Youth Dev. Director immediately.

#### DAILY ATTENDANCE AND AUTHORIZED PICK-UPS

A parent or an authorized adult must accompany each child in and out of the YMCA Camp Program site each day. Children will be signed in and out by staff each day. Please call the program cell number when you are dropping your child off or picking them up. (218–671–1453) Children will not be dismissed or released to an unauthorized person. YMCA Staff will ask for identification from the person picking up the child. <u>A photo ID</u>, such as a Driver's License will be required to pick up child each day if staff don't know who you are.

Authorized adults are only those individuals that you listed on the camp registration form. No authorized
pick ups will transfer from one program registration to another. Only the adult(s) listed on your
membership account will be allowed to add authorized pickups. This must be done in person and the adult
must have a photo ID to add authorized pickups. NO EXECPTIONS!

#### LATE ARRIVAL AND PICK UP

If your child arrives late for a camp day and we are out of the building on a field trip in town or at a park, you will need to transport your child to where we are currently located.

Curbside pickup and drop off – Is located in the backside of the YMCA. Call the program cell phone and a staff will come out and get the child/bring them out to you.

Late pickup – If you fail to arrive by 5:35pm to pick up your child, a \$15 late fee will be charged to your account for every 10 minutes you are late per child. If we have not heard from you by 5:45pm, we will call others that are authorized to pick up, if we cannot get a hold of anyone, we will notify social services and law enforcement.

For the safety of the children, if a parent/guardian has established to pickup a child under the influence of alcohol or drugs staff will contact law enforcement.



# **MEDICAL / HEALTH INFORMATION**

The Fergus Falls YMCA School Aged Child Care is a Minnesota certified program. That being said if your child has any health or medical concerns, you will be asked to fill out an additional form to provide to Director or Coordinator to help keep the kids safe. This is a Minnesota Certification Requirement.

#### **IMMUNIZATION RECORDS**

The State of Minnesota requires us to have a current immunization record on file for each child in our program. You will be given a form that must be filled out prior to camp starting. We will need an updated form on a yearly basis.

#### **ADMINISTRATION OF MEDICATION**

We encourage if at all possible that you can give medication to child before or after programming. If that is not the case the YMCA is required by the state of Minnesota to have written permission obtained from the child's parent or legal guardian before administering prescription medicine, diapering product, sunscreen lotion, and insect repellent.

Nonprescription medicine, diapering product, sunscreen lotion, and insect repellent are administered according to the manufacturer's instructions unless provided written instructions by a licensed health professional to use a product differently.

The center will ensure all medicine is:

- -Kept in the medicine's original container with a legible label stating the child's first and last name;
- -Given only to the child whose name is on the label and not given after an expiration date on the label;
- -Returned to the child's parent or legal guardian or destroyed, if unused.

-Will be kept in a locked box out of reach of the children.

-The center will document in the child's record the administration of medication, including:

child's first and last name; name of the medication or prescription number; date, time, and dosage; and name and signature of the person who administered the medicine.

-The center will store medicines, and insect repellents, according to directions on the original container.

#### **PREVENTING and RESPONDING TO ALLERGIES**

The YMCA will require that before admitting a child for care, the center must obtain documentation of any known allergies from the child's parent or legal guardian. This form will be in your SDC packet or emailed out. The YMCA will maintain current allergy information in each child's record. The allergy information will include: a description of the allergy, specific triggers, avoidance techniques, and symptoms of an allergic reaction; and procedures for responding to an allergic reaction, including medication, dosages, and a doctor's contact information.

The YMCA will inform staff of each child's current allergy information. At least annually and when a change is made to allergy-related information in a child's record, the certified center must inform staff of any change. Documentation that staffs were informed of the child's current allergy information will be kept on site. A child's allergy information will be available at all times including on site, when on fieldtrips, or during transportation. Food allergy information will be readily available to staff in the area where food is prepared and served to the child.

#### **CHILDCARE ILLNESS POLICY**

Children who come with any of these symptoms are not allowed into the Y or off site location.

- 1. Fever of 100 degrees or greater- child must be without fever for 24 hours before they can return to care. without fever reducing medication
- 2. Vomiting and diarrhea-children must be without vomiting and diarrhea for 24 hours before they can return. Diarrhea is defined as an increased number of stools, increased water in the stool, and/or decreased form to the stool that cannot be contained by clothing.
- 3. Bacterial infections-children with bacterial infections must have antibiotic treatment for 24 hours before returning to childcare for:
- Strep throat
- Scarlet fever
- Conjunctivitis (pink eye)
- Impetigo
- Bronchiolitis
- Skin infections such as draining burns/wounds
- 4. Generalized rashes, including those covering multiple parts of the body. These rashes must be evaluated by a health provider to determine cause before they can return to childcare.
- 5. Chickenpox-children with chickenpox cannot attend childcare until the sores dry up (usually 5–7 days).
- 6. Symptoms of severe illness, whether they would otherwise be excluded. Examples: Uncontrolled coughing, breathing difficulties or wheezing, stiff neck, irritability, poor food or fluid intake, or a seizure. Such children must be evaluated by a healthcare provider before they may return to childcare.
- 7. A child need not be excluded for a nasal discharge unless the discharge is green and accompanied by a fever. Such symptoms may indicate an infection. Children with such discharge must be evaluated by a physician and authorized to return.
- 8. If a child develops symptoms of illness after the parent or guardian has left, the childcare center must do the following:
- Isolate child immediately
- Contact and inform parent/guardian, as soon as possible and request him or her to pick up the child.
- 9. Head Lice: If your child has or had head lice, all nits and eggs must be completely gone before a child can return to camp. Sometimes multiple treatments and combing through is required to ensure all nits and eggs are gone.
- 10. COVID-19: If your child has been diagnosed or exposed to someone with COVID we ask that you follow the local health department recommendations.

# **SUNSCREEN POLICY**

YMCA Camp Counselors will not apply sunscreen to children who are over the age of 8 years of age. Children of 8 years and older will be responsible for applying sunscreen to themselves as needed throughout the day. Staff will assist children under the age of 8 in applying sunscreen. Please send your child with sunscreen every day. Children will be required to wear sunscreen everyday when they are spending more than 30 minutes outdoors unless noted otherwise during registration.



#### ACCIDENT and EMERGENCY POLICY

In the event of a medical emergency, staff will take the necessary steps to obtain care for the child. These steps include:

- 1. Administer first-aid deemed appropriate by staff.
- 2. Completion of an Accident/Incident Report that is kept in HR files.
- 3. Informing parent of accident/incident and what type of first-aid was administered. If appropriate, the parent may be asked to pick the child up from the program.

#### SEVERE MEDICAL EMERGENCY

If immediate care of a physician or paramedic is required, staff will:

- 1. Call 911 immediately. Parents will be contacted immediately after 911 has been called.
- 2. If a parent cannot be reached, staff will attempt to contact an authorized person located on the Emergency Contact Form.
- 3. In the event that a child will need to be transported to a medical facility, the YMCA staff reserves the right, with the assistance of paramedics, to determine if the child will be transported by an emergency vehicle.
- 4. Families will be responsible for any expenses incurred due to a child's injury.

Because accidents can happen to all children, it is important that the YMCA has current phone numbers where parent/guardians can be reached during the day, as well as the numbers for the authorized persons listed on the Emergency Contact Form.

#### **INSURANCE LIABILITY**

Medical coverage for children will be the responsibility of the parents.

# **EMERGENCY PREPAREDNESS**

#### **EVACUATION PROCEDURES**

The children are cared for on the main level of the YMCA only. Children will exit through the closest emergency exit door with staff. All groups will meet in the back of the parking lot in the winter months, and the back of the building by the apartments when there is not snow.

• Fire drills, tornado drills and lock down drills will be done on a regular basis.

#### **OFF SITE EVACUATION**

If there is an emergency that the YMCA has to shut down to an emergency and everyone has to be evacuated, the kids will be evacuated to THE NAZ CHURCH (1319 North Cleveland Fergus Falls) The YMCA will try and get Otter Coaches/ Otter Express to help with the evacuation. If evacuation transportation is not available kids will be led by staff down the street to the church.

• Parents will be notified by program cell phone if this happens via phone call or text.

# **PROGRAM INFORMATION**

#### **PARTICIPATION IN ACTIVITIES**

Children are encouraged to participate in all program activities. Opportunities for exercise and improved fitness are available daily. Our staff will never force a child to participate; however, we ask that parents assist by encouraging their child to at least try the activity or game before saying they don't want to do it. Full participation in all activities is highly encouraged for all children.

#### LUNCH /SNACKS

All campers must bring a non-perishable lunch each day. The YMCA will provide an afternoon snack to all the kids each day.

- Please note, the Y Child Care program areas are "PEANUT FREE". (Please don't send any peanuts with your child for lunch)

#### **STAFF /GROUP RATIOS**

We strive to keep all kids safe and supervised at all times. We schedule one staff per 10–15 kids, depending on age group. Field trips are one staff per 10 kids.

#### **STAFF TRAININGS**

All Childcare staff are trained in Child Abuse Prevention, CPR/AED. First Aid certified, Mandated Reporting, Emergency Preparedness and Response, as well as child development training. Our staff has a combination of experience and/or educational backgrounds.

• Note, that any suspicion of child abuse will be reported to the State of Minnesota.

# DAILY PACKING LIST FOR EACH CAMPER

Each camper must come to camp with the following every day....

-Appropriate summer clothing.

-Tennis shoes (no flip flops) (if they do not have tennis shoes, they will sit out during the gym game)

- -Swimsuit or trunks and towel.
- -Nutritious and filling lunch will be needed each day.
- -Bottle or container for water. No glass.
- -A light jacket for cool mornings or poor weather conditions.
- -YMCA Summer Camp T-shirt on field trip days.
- -Sunscreen spray.

#### What NOT to send with your Child:

-please do not send personal toys with your child to play with

-No electronics, including cell phones, smart watches, gaming systems of any kind.



#### TRANSPORTATION

The YMCA will NOT transport your child to any activities outside of the YMCA programming. It is the parents' responsibility to set up transportation to and from NON-YMCA activities.

If you need transportation. The YMCA partners with Otter Express Bus Company here in Fergus to help get your child to and from an activity. Costs associated with using the bus company is the parents' responsibility. You can purchase bus punch cards through OTTER EXPRESS or the YMCA. Keep in mind that several children may need to be picked up/dropped off at various locations at the same time, so we need to be flexible. OTTER EXPRESS Phone # 218-998-3002



#### FIELD TRIPS

The Children will have the opportunity to go on field trips each summer. This may rotate each week depending on age groups. Field Trips will be on Thursdays. These field trips can be half days or full days it just depends on the field trips and where we are going.

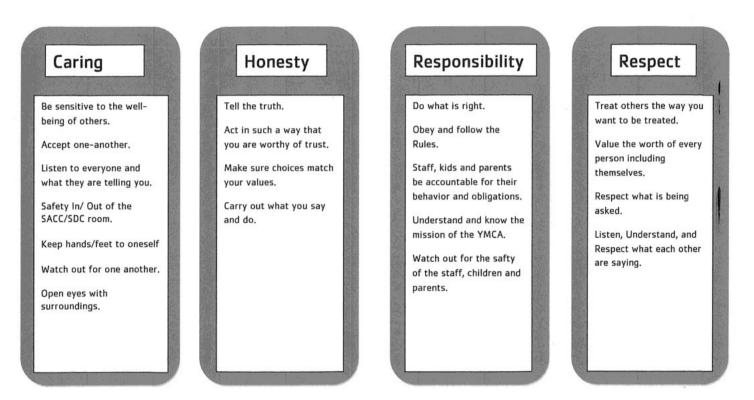
- Children should wear their camp t-shirts that day, bring a water bottle, sunscreen and wear the appropriate outdoor clothing, if necessary.
- If your child has NON-YMCA activities scheduled during the time of the field trip it will be parent/guardians' responsibility to transport your kid to and from the activity or send your child on the field trip that day. There is no staff that stay back on field trip days.

# **TYPICAL DAY AT CAMP**

7:15-9:00	Arrival, Organized Free Time
9:00-10:00	Group Rotations (Craft, Gym, Outside, STEAM, Special Activity)
10:00-11:00	Group Rotations (Craft, Gym, Outside, STEAM, Special Activity)
11:00-12:00	Lunch Time
12:00-12:30	Reading/Quiet Time
12:30-1:30	Group Rotations (Craft, Gym, Outside, STEAM, Special Activity)
1:30-2:30	Group Rotations (Craft, Gym, Outside, STEAM, Special Activity)
2:30-3:00	Afternoon SNACK
3:00-4:00	Group Rotations (Craft, Gym, Outside, STEAM, Special Activity)
4:00-5:30	Finish up daily projects, Outdoor Time

#### **BEHAVIORAL GUIDANCE POLICY**

Our number one priority is to ensure the safety and well-being of your child each day. We have basic expectations of behavior from all children. Our staff are trained to be patient and redirect with positive reinforcement as much as possible. When the children don't follow the following expectations, it can cause an unsafe environment from the rest of the children. These are the YMCA values that we teach the kids in our programs.



# **Pillars for Successful Behavior**

# When any of the above concerns arise, we will proceed with the following steps:

- 1) Initial Warning to child
- 2) Think time (usually 5-10 minutes)
- 3) Loss of activity
- 4) A Private conference with child and leader
- 5) Director has conversation with the child
- 6) Phone call to parent, conference set and a written warning issued.
- 7) Probation: Parent will be notified and will be asked to pick up child immediately from the program, Child
- can return to program 3-5 days depending on situation
- 8) Expulsion from Program
  - Depending on the severity of the situation, the YMCA reserves the right to suspend and or exclude a child from the program at any time.

# YMCA SUMMER DAY CAMP 2024 SCHEDULED WEEKS and THEMES

June 3 - 7	Welcome Week
June 10 -14	Explorers Week
June 17-21	Farming Fun
June 24-28	Jungle Week
July 1 – 3	Stars and Strips (YMCA Closed on the 4th of July and 5th)
July 8 –12	Animal Adventures
July 15 –19	Tropical Paradise
July 22 - 26	Olympic Week
July 29 - August 2	Wild Wild West
August 5 - 9	Game Time
August 12 - 16	Crafty Creators
August 19 - 23	Back to School Fun
August 26 - August 30	CAMP CLOSED this WEEK

#### FERGUS FALLS YMCA MANAGEMENT STAFF

Steve Smith, FARGO CEO (Shared Services) smith@ymcacassclay.org

Jeanette Hollingsworth, Operations Director jeanette@fergusfallsymca.org

Nicole Washek, Youth & Family Director nwashek@fergusfallsymca.org

Christine Muller, Youth Development Program Manager christine@fergusfallsymca.org

Emily Stawarski, Membership & Marketing Director emily@fergusfallsymca.com

Steve Nelson, Property Manager snelson@fergusfallsymca.org

Blake Buer, Interim Health and Wellness Director blake@fergusfallsymca.org

Bain Lane, Sports Coordinator sports@fergusfallsymca.org

Anna Deruth,@fergusfallsymca.org aderuth@fergusfallsymca. org

Fergus Falls Area Family YMCA 1164 North Friberg Avenue Fergus Falls, MN 56537 218.739.4489 www.fergusfallsymca.org Child Care Program Cell Number 218.671.1453



FOR YOUTH DEVELOPMENT® FOR HEALTHY LIVING FOR SOCIAL RESPONSIBILITY